

H&I Meeting Format

Before the meeting, pass out readings of, “Who is an Addict,” “What is the NA Program,” “Why are We Here,” “How it Works,”

My Name is _____, and I am an addict. I would like to welcome you to this informational meeting of Narcotics Anonymous. H and I is a subcommittee of NA members who volunteer their time to bring meetings to facilities, so you can have some information about NA. We are not affiliated with this facility or any other fellowship. In Narcotics Anonymous recovery is available to all addicts regardless of age or drug used. This meeting is supported by the Chicagoland Region of NA to carry a message of recovery to the newcomer. This meeting is restricted to detainees and possible staff. This is to protect your anonymity and comply with state law. It is also important to acknowledge that this is a spiritual not religious program.

May we open this meeting with a moment of silence for the addicts who are suffering both in & out of the rooms. Thank you.

Will, someone please introduce themselves by first name only & read:

“Who is an Addict?”

“What is the NA Program?”

“Why are We Here?”

“How it Works?”

We have literature to give away. This literature is all written by recovering addicts for other addicts. We also have directories of NA meetings in the Chicagoland Region. Everything is free, but if you take it, please do yourself a favor & read it.

The Narcotics Anonymous message simply stated is that an Addict, any addict, can stop using drugs, lose the desire to use, & find a new way to live. Our speaker for this meeting is _____ who will share their Experience, Strength, & Hope. Afterwards we’ll have some time for comments & questions. Please help me welcome

_____.

Thank you _____, this portion of the meeting is for your comments. You can comment on something, _____ had to say, your own experience, or how you feel today. Please do not crosstalk, one person speaks at a time, everyone who wants to, should have a chance to comment. If you have any questions for us, we’ll try to answer them for you. We will go around the room starting on my (Pick a side) if you don’t wish to share just pass & we go on to the next person. Let’s begin (Motion to the person you wish to begin the sharing)

Thank you for letting us join you. If you have any other questions about NA, we suggest that you attend meetings, read the NA literature, or call the NA Helpline. The Helpline number is one the front of the meeting directories.

We have a nice way of closing this meeting with an extended moment of silence followed by, “The Serenity Prayer.”