



# Mid-City Area

1701 S. 1st Ave., Maywood, IL  
ON THE FIFTH FLOOR SUITE 508A

## Mid-City Area present our MONTHLY SOCIAL

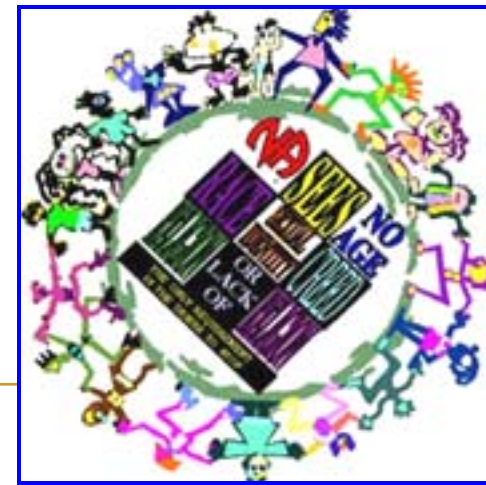
Russel W. .  
773-905-8744  
Our CHAIRPERSON

WELCOME TO ALL NEW TRUSTED  
SERVANTS

*Newsletter Chairperson*  
*Booker P*  
312-371-1213

Chicago, IL  
Saturday, July 26, 2009  
Begins at 8:00pm

MID—CITY AREA  
PLEASE COME OUT AND GIVE BACK WHAT WAS SO FREELY  
GIVEN TO YOU.



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### Mid-City Picnic

July 26, 2009  
Central Park & Lake St  
Garfield Park  
Grove # 4





## **To the Mid-City Area**

### **Saturday Morning Serenity**

Has moved to 2622 W. Jackson 2nd fl.

Needs trusted servants, meeting is held 2nd & 4th Saturday.

### **Recovery On Madison**

2815 W. Fifth Ave..

Thursday 6:30pm-8:30pm

Womens Issues Meeting

Topic & Discussion

**A Safe Place 321 N. Mason**

**Fridays**

**7:00pm-9:00pm**

**Needs Support**

**Happy Wedding Anniversary**

**Yulanda & Lloyd T. 7/24/93**



## “MID-CITY MONTHLY SOCIAL”

These are the upcoming dates for the Mid-City Monthly Social for the coming Year of 2009

<u>Month</u>	<u>Date/Time</u>	<u>Location</u>
July.	7/25 8:00pm	Fifth City
Aug.	8/22 8:00pm	Fifth City



In Loving Service,  
 Rec. & Act. Chair: Dorothy F.

## Clean Dates

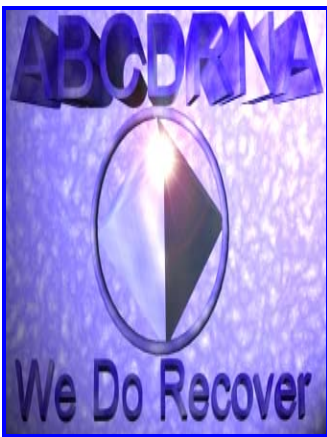
Lloyd T.	7/06/89	Keno X.	7/05/06
Camilla	7/05/06	Wakisha T.	7/10/98
Walter M.	7/09/94	Yulanda T.	7/21/91
Simon J.	7/23/08	Alvin C.	8/05/93

*Hold on  
 change  
 Is coming  
 There  
 Hope*



## Birthday's Dates

Camilla	6/13
Lloyd M	7/02
Ray S	7/09
Don T	7/11
Booker P	7/26
I.V. C.	7/25
Calip C.	7/25



## Courage Is Not The Absence Of Fear

I have heard many stories of facing fear and walking through. The types of fear that people face more times than not are the common fears that plague all of us and only a few of us will come into the rooms and unmask that fear. For me some of the fears I suffer from how I look into the eyes of others. I forget that a few twenty-four hours ago the desperation to obtain just one more over rode any consideration of what people thought of me. I compare myself to others and find myself wanting. I never realized that having less doesn't mean I am less. Now that I am clean I have this false image which is how I hide my fear.

I have a fear of being alone. I forgot how I isolated myself from others because of the feelings of not being good enough. Not wanting to share the very thing that was killing me. Not wanting to be seen by others because of the physical and mental state I was in. Holding on to sick relationships using and allowing myself to be used. Allowing myself to accept lies, mistreatment, being taken for grant. One of the things I hated about living in fear is having a broken no. I had to make you like me. No matter what it took. What can be worst than allowing others to talk to you any way they want, and any way they wanted to do it? The things I did to myself not to be alone.

I have a fear of failure. I cannot count the times I just gave up to cut off the pain before it started. I have quit school because the work began to require more commitment than I would muster. I have walked out on relationships because of no confidence in myself again stopping the pain before it start and not being willing to do the work the relationship needed. There have been many missed opportunities in my life because I don't want them to know just what a failure I was.

There is a book I learned of that states you can learn self-respect, concern for others, and correct defects. My life put me in the correct position not only to pick up this book, read it, but also to try it and apply it to my life. In the beginning it states, "Many books have been written about the nature of addiction, this book concerns itself with the nature of recovery. Do yourself a favor and read it." Courage is not the absent of fear. With faith in the program and/or what higher power you choose, you wrestle with your demons of fear. Knowing freedom is on the other side. Fight the good fight because your life is dependents on it.

