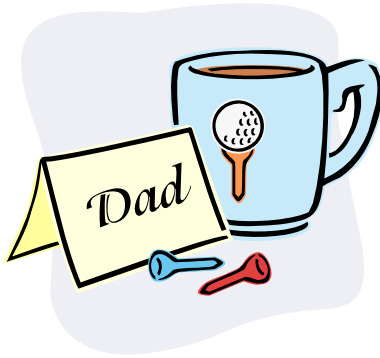


Mid-City Area



1701
S. 1st Ave.
Maywood,

IL

ON THE FIFTH FLOOR SUITE 508A

CONTACT STEVIE B

Our CHAIRPERSON

OR

KEVIN W. CO- CHAIR

773-459-5094

Newsletter Chairperson

Emmett

773-919-4612

Previous Newsletter

Came from the

NA Way July 2007 and
IWHW pg 176

Mid-City area present our

MONTHLY SOCIAL

2950 W Washington Blvd

Chicago, IL

Saturday, May 24, 2008

Begins at 8:00pm

MID-CITY ARE A

PLEASE COME OUT AND GIVE BACK WHAT WAS SO FREELY
GIVEN TO YOU.



WELCOME TO ALL NEW TRUSTED
SERVANTS

Inside this issue:

Clean dates 2

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Chicagoland Regional Convention

CRCXXI

For

YES

The Journey

More Information

WE ARE GOING BACK !

Continues

Contact :

DOWNTOWN DATES

Early bird registrations

Yulanda T.

TO BE

are Available

(773)430-0560

ANNOUNCED



A Recovering Addict's Viewpoint of Addiction and Self-Pity

Coming up on 6 years clean in the program, I have begun to see a bit more clearly how the disease of addiction can manifest itself in my life in many ways at any given time. I have come to understand the disease of addiction to be my greatest enemy that I have to constantly remain vigilant in dealing with.

Self-pity is one of the ways that I feel the disease affects me personally, let one ounce of it into my head and wham, before I know it, it seems like my whole system could be taken over. It's like a shocking virus that multiplies in a person's body that leaves them withered or crippled and wishing they were dead. Page #77 of the Basic Text says "Self-Pity is one of the most destructive of defects; it will drain us of all positive energy". We focus on anything that isn't going our way and ignore all the beauty in our lives".

Addiction however, reminds me of an evil goblin squatting in the corner of the room, watching me with cold eyes and waiting and waiting for the right moment to strike. And the only thing I could do to keep him at bay was to act the whole time as if I were happy and that being powerless over my addiction was merely an inconvenience, and you know what fellow members? With all the steps and tools of the program to utilize and all the suggestions from my sponsor and other members to apply to my life, recovery's actually very rewarding! If I could make my disease believe that and believe that no matter how long it hung around, he hadn't the slightest chance of climbing into my head, then maybe, just maybe he might get bored and go away.

Even though I know that this is just wishful thinking, I often cherish the periodic episodes of freedom that I experience after a bout with a shortcoming, denial or a situation in my life. IP # 5 Another Look, says " We addicts value personal freedom highly, perhaps because we want it so much and experience it so seldom in the progression of our illness". I can say that it helps for me to constantly try to maintain a certain level of gratitude in my life and take the focus off of what isn't and just be grateful for what is. I know that I have a right to be happy in my life and my recovery today.

The NA Daily Meditation book pg. 102 says " Happiness. What is it, really? We can think of happiness as contentment and satisfaction. Both of these states of mind seem to come to us when we least strive for them. As we live just for today, carrying the message to the addict who still suffers, we find contentment, happiness, and a deeply meaningful life". I want to encourage anyone newer than myself or anyone who has been around longer than I have to stick and stay and remember to live the NA way of life because the 12 steps are our survival kit and life on life terms consists of a continuing series of problems for which healthy solutions must be found.

" In loving service", Brian .D

“MID-CITY MONTHLY SOCIAL”

These are the upcoming dates for the Mid-City Monthly Social for the coming Year of 2008

<u>Month</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
June	6/28	8:00pm	Dr King’s Boys Club
July	7/26	8:00pm	Dr King’s Boys Club
Aug.	8/23	8:00pm	Dr King’s Boys Club
Sept.	9/27	8:00pm	Dr King’s Boys Club
Oct.	10/25	8:00pm	Dr King’s Boys Club
Nov.	11/22	8:00pm	Dr King’s Boys Club

December activity will announced due to the Annual Mid-City’s AD HOC’s Annual Dinner/Dance.



In Loving Service,

Rec. & Act. Chair: Dorothy F.

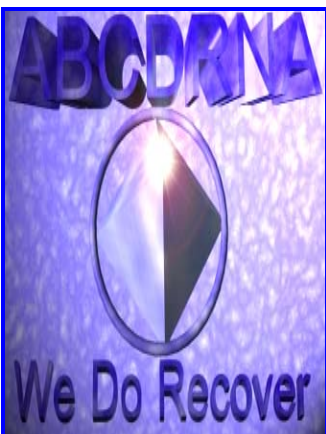


Clean Dates

Gail G.	6/21/94	Ray E.	4/30/05
April S	6/20/03	Joseph W	4/17/00
Tony P	6/19/93	Marshall W	4/05/99
Roy A	6/17/95		
Anthony Mc	6/09/99		
Laurdine G	6/01/93		
Alvin W	5/29/91		
Carla	5/29/93		
Joyce E	5/26/95		



*Hold on change
Is coming
There
Hope*

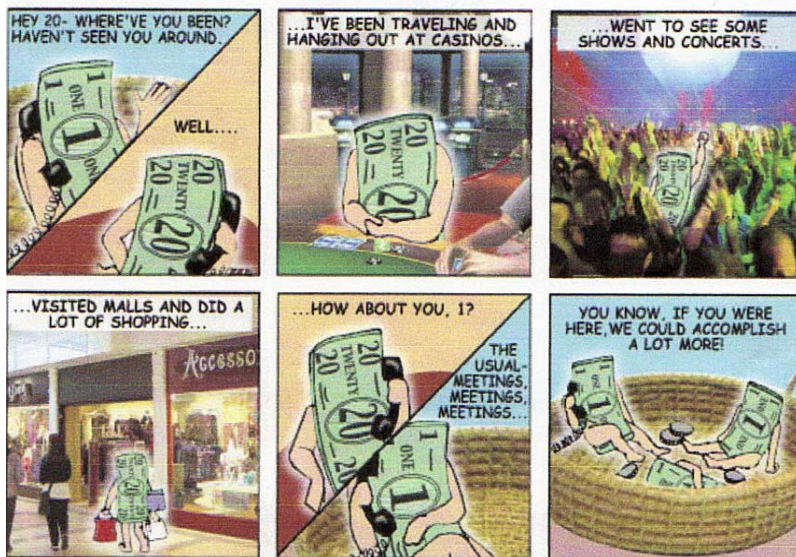


Birthday’s

Anthony MC	4/24
Cornell M	7/30



Home Group



After paying their basic expenses, most groups contribute to the NA boards and committees that serve them.

Phone lines, meeting lists; NA literature, H&I panels, and public information presentations all benefit the group. That's why service contributions are just as surely a part of a group's self-support obligation as the rent for its meeting room. Like groups, NA service boards and committees decline contributions from sources outside the fellowship. Unlike the groups, however, our service boards and committees are not themselves fully self-supporting. They have been created to help the groups fulfill their primary purpose more effectively and they depend on group contributions for the money they need to do their work.

It Works How and Why page 176

What does the above passage mean to you?

What does the above passage mean to your group?

Is it more important to dress up our tables with literature or get literature in the hands of the still suffering addict via H&I?

Do you feel your group is a part of the area if your group does not contribute financially to the area?

All responses may not be placed in newsletter but a attempt will be made to insure all view points are included.

